



		Convention Events and Workshops	Al-Anon Marathon Meetings		
		Canyon Ballroom	Canyon A Room	Canyon B Room	Arroyo Room
Friday, August 1 st	5:00-5:50 pm		Using Just for Today to Create Balance -- Cheri A.	Drop the Rocks or You'll Sink the Boat	Balancing Work, Family, and Recovery -- Phillip
	6:00-6:50 pm	Ice Cream Social			
	7:00 pm	Opening Ceremony			
	7:30 pm	Al-Anon Speaker -- Kerri K.			
	9:00-10:00 pm				Gifts of the Program - Candlelite -- Penni W.
Saturday, August 2 nd	7:00-7:50 am		Be Gentle -- Al-Anon is Not a Military Drill	Take a Step, Any Step, Get Moving	Faith Makes Things Possible, Not Easy
	8:00-8:50 am		Taking Care of Ourselves -- A Necessity, Not a Luxury	Finding Answers By Living the Serenity Prayer	Attitudes Are Contagious. Are Mine Worth Catching?
	9:00-10:00 am	9:00-10:30 -- Creating Balance in our Personal Lives Using the Wisdom of the Three Legacies	Recovery is a Marathon, Not a Sprint	Grief Is Not Just About Death	Recovery - An Exciting Voyage of Self-Discovery --
	10:00-11:00 am		My Way is NOT the Only Way --	Being Human Is Not a Character Defect	Respect and Trust Balance Relationships --
	11:00-12:00 pm	AA Speaker -- Demetria McC.			
	1:00-2:00 pm	1:00-2:30 -- Working the Steps in 15 Minutes -- Claudia M.	Detach from the Problem, Not the Person - Sue P.	Balance the Pendulum of Life with God's Help - Devi C.	Happiness and Balance Come from Looking Within
	2:30-3:00 pm	Alateen Speaker - Kamila A.			
	3:00-4:00 pm	Spanish Speaker -- Juani C.			
	4:00-4:50 pm		Working Smarter, Not Harder, Through Sponsorship -- Margaret Q.	Applying the Al-Anon Principles in our Finances	Taking Care of Self When We Must Give Care to Others - Nancy F.
	6:00-7:00 pm	Banquet			
	7:00-7:30 pm	Entertainment			
	7:30-8:30 pm	Al-Anon Speaker -- Ellen C.			
	9:00-10:00				Just for Tonight -- Beth M.
Sun., Aug. 3 rd	8:00-8:50 am		Keep Coming Back -- Don't Miss the Miracle	Sacrificing My Serenity Won't Bring Peace to Others	Loving All That I Am, Warts and All
	9:00-10:00 am	Spiritual Speaker - Sandra M.			
	10:00 am	Closing Ceremony			

		Spanish - Canyon C Room	Alateen - Havasu Room	AA - Madera Room
Friday, August 1 st	5:00-5:50 pm	Manteniendo el Balance con la Conexión Espiritual	Dart Board Game	Defining Balance in Sobriety
	6:00-6:50 pm	Ice Cream Social	Ice Cream Social	Ice Cream Social
	7:00 pm	Ceremonia de Apertura	Opening Ceremony	Opening Ceremony
	7:30 pm	Orador de Al-Anon	Al-Anon Speaker	Al-Anon Speaker
Saturday, August 2 nd	8:00-8:50 am	Manteniendo el Balance- Puedo Establecer Límites que sean cómodos para mi	Why the Steps and Traditions?	
	9:00-10:00 am	Manteniendo el Balance- Con una percepción más profunda del Poder Superior	3 C's - Living today in Alateen	Has My Perception of Balance Changed in Recovery?
	10-11:00 am	Manteniendo el Balance- Para mantener una vida sana	Working Steps and Sponsorship -- 1, 2, 3	How Has My Work/Life Balance Changed in Sobriety?
	11-12:00 pm	Orador de AA	AA Speaker	AA Speaker
	1:00-2:00 pm	Manteniendo el Balance-Para vivir con serenidad		How Do I Use the Steps to Create Balance in My Life?
	2:30-3:00 pm	Orador de Alateen. - Kamila A.	Alateen Speaker. - Kamila A.	Alateen Speaker. - Kamila A.
	3:00-4:00 pm	Orador de Español	Spanish Speaker	Spanish Speaker
	4:00-4:50 pm	Manteniendo el Balance-En la Recuperación es la Libertad de Vivir tu Propia Vida		How Balanced Is My Recovery?
	5:00-5:50 pm	Manteniendo el Balance-Creamos un equilibrio en nosotros mismos	Free Time	
	6:00-7:00 pm	Banquete	Pizza Party - Teens Banquet	Banquet
	7:00-7:30 pm	Entretenimiento	Entertainment	Entertainment
	7:30-8:30 pm	Orador de Al-Anon	Al-Anon Speaker	Al-Anon Speaker
Sunday, Aug. 3 rd	8:00-8:50 am	Manteniendo el Balance- Lo que es y lo que no es Alanon	Burning Desires or Bottled Emotions? -- Closing	Where Do I Seek and Find Balance?
	9:00-10:00 am	Spiritual Speaker	Spiritual Speaker	Spiritual Speaker
	10:00 am	Ceremonia de Clausura	Closing Ceremony	Closing Ceremony

Literature

Al-Anon and Alateen literature in English and Spanish is available in the Rose Canyon Room.

This program is available online at <https://al-anon-az.org/media/Program-Guide-1.30.png>

Fundraising

Check out the many baskets that will be raffled off on Saturday in the Agua Fria Room on the first floor between the Havasu and Arroyo room.

You may purchase a neck wallet, a notebook, and 50/50 tickets in that location as well.



FINDING BALANCE ENCONTRAR EL EQUILIBRIO

**2025 Arizona Al-Anon/Alateen
Convention with AA Participation**
**Convención de Al-Anon/Alateen de
Arizona de 2025 con participación de AA**

August 1-3, 2025

**Sheraton Mesa Hotel
at Wrigleyville West**

860 N Riverview
Mesa, AZ, 85201